

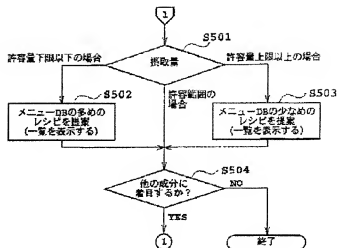
PUBLICATION NUMBER : 2002230174
PUBLICATION DATE : 16-08-02
APPLICATION DATE : 01-02-01
APPLICATION NUMBER : 2001025727

APPLICANT : AJINOMOTO CO INC;

INVENTOR : YAMAMOTO YOKO;

INT.CL. : G06F 17/60 // A23L 1/29

TITLE : METHOD AND DEVICE FOR
EVALUATING NUTRITION AND
NUTRITION EVALUATION SYSTEM



ABSTRACT : PROBLEM TO BE SOLVED: To realize nutrition evaluation capable of guiding dietary life on the basis of foodstuffs requested by a object person.

SOLUTION: A server decides whether the caloric intake of a selected nutritional element is included within an allowable range or not in a step S501. When the intake is not more than the lower limit of the allowable range, the server shifts operation to a step S502, extracts recipes including the comparatively much quantity of the nutritional element noticed from nutrition evaluation database, prepares a table and displays the prepared table on the display of a terminal. When the intake exceeds the upper limit of the allowable range, the server shifts operation to a step S503, extracts recipes including the comparatively less quantity of the nutritional element noticed from the database, prepares a table and displays the table on the display of the terminal.

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